

**ANCIENT WAY HEALING**

# “Perfecting the Art of Doing the Impossible”

**POST-TREATMENT  
PROTOCOL**

ESSENTIAL PRACTICES  
TO ENSURE THE  
EFFICACY OF YOUR  
PRANIC ENERGY  
HEALING TREATMENTS



# Ancient Way Healing Post Treatment Protocol

**AFTER ANY FORM OF PRANIC ENERGY TREATMENT, WE RECOMMEND THAT THE CLIENT FOLLOW A CERTAIN PROTOCOL TO ENSURE THAT THE TREATMENT HAS THE BEST RESULTS.**

**The 24–48-hour period after a session is vitally important due to the fact that in that time, the energy body is digesting, utilizing and healing the physical, mental, emotional and spiritual bodies with the energy given in the healing session.**

**Partaking in the following may hinder, slow, stop or reverse the healing process. It is highly recommended to follow these recommendations.**



It is advisable to the client that they refrain from the following for a **minimum** of 24 hours post healing:

### **CONSUMPTION OF ALCOHOL -**

Excess consumption of alcohol has a destructive effect on the energy body, it creates holes and cracks in the energy centers and the energy body thus creating energy leaks. The leaks will ultimately undermine the healing process.

### **RED MEAT-**

Red meat has an expanding effect on the energy body especially for the lower energy centers and it is dirtying to a certain degree, depending on the animal's life and its last moments will determine the effect it has on the energy body. It is recommended to abstain from red meat as the energy is not beneficial to the healing process and due to the excessive energy needed to digest it.

### **PORK AND FISH WITHOUT SCALES -**

Pork and fish without scales are seen as energetically dirty, pork is quite energetically dirty due to the fact that they are unable to sweat and tend to hold on to unclean energy as well as many other contributing factors, we do not recommend eating pork and suggest avoiding it completely.

Fish without scales such as catfish, eel and bottom feeding fish such as flounder, flatfish, and crustaceans are recommended to be avoided due to them feeding on the waste of other creatures, they are quite energetically dirty and are recommended to be avoided.



## **ILLICIT DRUGS AND HALLUCINOGENIC SUBSTANCES-**

Illicit Drugs and Hallucinogens are highly recommended to be avoided, the usage of these is usually tied very closely with desire, cravings and addiction which are a real hindrance to one's healing. The substances in question are usually quite destructive to the energy body causing holes and tears in the energy body and the energy centers. Drugs used as a means to escape the pains of the mind, body and emotions usually becomes a trap to the soul.

## **CAFFEINE AND COFFEE-**

Coffee and Caffeine have an expansive and somewhat explosive effect on the energy body. Its colour prana is orange reddish and expands the energy centers, especially the lower ones to a certain degree. It is recommended to refrain from caffeine as it interferes with the healing process and also can expel the projected energy from the energy information field causing a slower healing rate.

## **SEXUAL INTIMACY-**

It is recommended to abstain from sexual intimacy for 24 hours after a treatment due to the excessive energy used during intercourse and the release of vital fluids. The physical exertion used will take from the healing energy and a slower rate of healing may occur. The vital fluids also take a lot of energy to create and likewise will draw on the healing energy and slow the healing process. Unless told otherwise please refrain from sexual activities.



## **SWIMMING BATHING SHOWER-**

Water's natural ability is to absorb prana or energy, the good and the bad. When we go swimming or take a bath it is usually quite relaxing as the water is gently removing energy from our system, usually stress, irritation and other prominent emotions get taken away by the water. It will also remove the excess energy of a treatment still being utilized and absorbed. Abstaining from swimming and bathing is a quite important one as it is easily overlooked and forgotten.

## **EXCESSIVE EXERCISE-**

Excessive exercise is not recommended as the energy intended for healing the ailment will be used as fuel for the movement as well as being flushed out during exercise.

## **CRYSTALS AND PRECIOUS STONES-**

It is recommended to avoid being around or carrying unclean crystals and precious stones due to the affect that they have on the energy body and the energy centers. Crystals and precious stones if not professionally cleaned can be harmful to the patient. This is due to the crystals ability to absorb prana, if not cleaned the crystal will harbor energies of its previous owners or acquaintances, their thoughts, feelings, desires, and illnesses will be contained in the crystal. Do not be fooled to think that all crystals are beneficial, they hold the imprints of all that have been in contact with them and hold on to the good, the bad, and the terrible energy.

Crystals that have been professionally cleaned and programmed are fine.



## **NEGATIVE PSYCHOLOGICAL INFLUENCE-**

It is advisable to refrain from going to places or doing things that will have a negative effect on the energy body.

**AVOID-** horror movies, scary theme park rides, horror documentaries, sad or depressing movies as they have a direct effect on the wellbeing of the cells of the body and the psychological functions.- horror movies, scary theme park rides, horror documentaries, sad or depressing movies as they have a direct effect on the wellbeing of the cells of the body and the psychological functions.

**ALSO AVOID PLACES SUCH AS-** asylums, casinos, pubs, brothels, clubs, graveyards, hospices, hospitals (except for emergencies), substance addiction houses, battlefields, haunted houses, etc. can have a very negative affect on the recovering patient, many of the negative influences being unseen.

## **Explanations on certain queries to patients that have just received Pranic Healing**

**1.**Most illnesses have to be treated at least three times a week. It is not the healer's law; it is quantum law or universal law. The healer is only a vessel that takes out diseased and unclean energy and replacing it with positive vibrant healing energy.



**2. It depends on the illness, the age of the patient, the physical condition of the patient and the duration of the illness. The healer has nothing to do with the time spent treating the illness, e.g if a person heals in three days, another person with a similar illness might take 10 days.**

**3. It is useless to try and bribe the healer with money to make the person well sooner. This is impossible due to the fact that the healer is just a catalyst bringing positive energy, sweeping out negative energy and replacing it with vibrant healing energy. Even though Pranic Energy Healing is a great modality, it does not replace conventional medicine. It is rather to compliment not replace the medical practice.**

**4. Each healing treatment may take anywhere from 20 minutes to 1 hour to complete, according to the type of illness you suffer.**

**The charges for the treatment are the same.**

**NOTE: ONLY ONE OR TWO ILLNESSES MAY BE TREATED PER SESSION IF THEY ARE OF A LIKE CAUSE.**

**FROM THE OFFICE OF-  
DR GEORGE DANGEL  
MASTER PRANIC HEALER**

**MORE INFORMATION IS AVAILABLE ON OUR  
FAQS PAGE AT  
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